

CREATING YOUR OWN OUTER SPACE



What is in the kit:

- Cellophane paper (Purple and blue)
- Stars (Holographic)
- Planets (Glow in the dark balloons)
- Comets (Glow in the dark balls)

What you will need:

- A place with minimal or dimmed lighting and empty walls (if possible)
- Several light sources (either a torchlight or your mobile phone)

Preparation of items:

- Tape the cellophane papers (2 sheets of purple and 1 sheet of blue) over your light source to create a black/UV light
- Stick the holographic sticker on the box to create a reflective surface for light reflection

Setting up the room:

- Inflate the balloons and place them at different spots around the room
- You can also add in cushions or beanbags to mimic the landscape of the uneven floor of a planet
- You can also place the comets around the seating area
- Dim the lights of the room and turn on your light source if additional lighting is needed



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How to use these items:

Exploring darkness

- With the UV light you have created, shine it on the planet balloons and the comets to see them glow in the dark.

Exploring movements

- You can bounce and float the balloons and comets around the space to create a space-like / zero gravity effect.
(The comets have an additional tactile quality as they can function as squeeze balls as well.)

Exploring shadows

- With another light source (without the cellophane filter), shine it on the reflective surface of the box and observe the patterns casted on the ceiling or surfaces around you.
(For a truly magical effect, you can encourage your students to lie on their backs.)
- You can also make use of other objects to create interesting shadows on the wall
(e.g. a basket or a plastic bottle).

Feel free to make use of the existing objects in your space by adding them to this Outer Space





CREATING TEXTURES AND SENSATIONS ON EARTH

What is in the kit:

- Grass
- Banana Peel (Textured cloth)
- Slinky

What you will need:

- Scissors
- Tape

THE FINGER PLAYERS

CREATING TEXTURES AND SENSATIONS ON EARTH

How to use these items:

Exploring tactility

- Using the grass piece, encourage the participants to feel it using different body parts (e.g. fingers, back of hand, face, feet, etc)
- Explore the areas which may be more sensitive to touch
- Scented oil can be added onto the grass piece to stimulate their sense of smell.

Exploring movement

- Using the slinky pieces, you can simulate the action of the astronaut (jump, extend, bounce, turn).
- Using the yellow cloth, you can move and wave it in the air to simulate the movement of the banana peel flying across the air. You can also allow the cloth to touch the participants or go closer so they can feel the wind generated by the moving cloth, and the sensation of having the cloth moving along their bodies.
- You can also use the cloth to create a mini hammock under the limbs to challenge the proprioceptive sense of the participants